



MUST-KNOWS ABOUT TESTICULAR CANCER

Learn them.
Live them.
Pass them along.

01

IT AFFECTS YOUNG GUYS

Testicular cancer is the #1 cancer among men aged 15-40.

02

GIVE YOUR NUTS A FEEL IN THE SHOWER

Start today, then do it regularly so you'll be able to notice any changes. (And don't be embarrassed - no one will even know.)

03

KNOW THY NUTS

What you are looking for is a lump, swelling and or pain, or anything that doesn't seem right for you. Notice a change? Book an appointment with your doctor.

04

KNOW THE THREE EASY STEPS

Get more easy tips on how to check your nuts. Scan the QR code to find out how, plus all the facts.



Scan the QR code
to find out more